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SHADOW ORACLE
CARDS

For Spiritual Seekers & Creators



SACRED MIRRORS

What can I discover within myself through the reflection of another?



THE DREAM REALM

*Dreams are the language of the soul.
Are you recording yours, so you can receive the
messages?*



HEROES

Who do you admire and why?
Can you find these qualities within yourself?



TRIGGERS

Get curious about the people, places, and things that trigger you. Meditate or journal to gain a deeper insight.



ANCESTRAL HEALING

What karmic loops or family curses live within your bloodline? How do they affect you?



RADICAL HONESTY

What do you hide about yourself from the world? Journal both the negative and positive traits you hide.



SELF CARE

What are your favourite self-care activities that make you feel safe and secure? Can you do one today?



CREATIVITY

Draw how you feel. Try not to overthink it; just draw. Spend five minutes with your artwork and see what it is trying to tell you.



MANIPULATION

*Do you ever manipulate others to feel safe?
Get curious about why you feel
afraid to be honest.*



BOUNDARIES

How do you feel when your boundaries are crossed? What are these feelings trying to tell you?



SHADOW

*If your shadow was a separate person, what
would you say to it?*



SYMBOLIC

Can you see the magic in the mundane? Can you take an everyday situation and look at it through a symbolic lens?



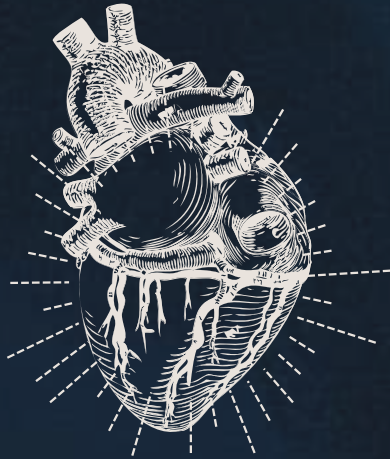
MOTHER & FATHER

How was your relationship with your Mother & Father or main caregivers growing up?



BROKEN PROMISES

What promises are you breaking to yourself or others and why?



HEARTBREAK

*Have you ever had your heart broken
or broken another's heart?*

Perhaps both?

How do you feel about your experience(s)?



INNER CHILD

Close your eyes and connect to your inner child/children. What do they want you to know or understand?



THE COLLECTIVE

How do you feel about
humanity?



LYING

What's the biggest lie you have ever told someone? Did that lie have any ramifications?



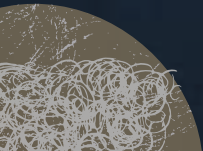
COMPASSION

*Do you struggle to show yourself compassion?
How do you feel when you show yourself
compassion?*



INNER CRITIC

*For what do you criticise yourself?
Do you know why you do this?*





SELF SABOTAGING

In what ways do you sabotage yourself?
Do you have any insights into why you do it?



NOT ENOUGH

*What situations, people, or places
make you feel like you're not good enough?
Why do you think this happens?*



FAMILY & FRIENDS

*How do your family and friends
characterise you?*

Do you agree with them?



JUDGEMENT

When and why do you judge others?



DISLIKES

*What traits do you dislike in others and why?
Can you see these characteristics within
yourself?*



DENIAL & AVOIDANCE

Are you currently in denial about or avoiding anything?



BETRAYAL

*Journal about a time when someone you
trusted betrayed you.*

How did it make you feel?



REGRETS

Think about a regret you have.
Why is it a regret? How do you feel
about the regret?
Can you correct it in the future?



FEAR

*What causes you the
most fear in life?*



GIFTS

*What gifts are you hiding from
the world and yourself?
How can you develop these gifts?*



YOU

How do you feel about
yourself as a
human being?



DIVINE

How do you connect to
the Divine Creator?